### THE WAENDEL WALKERS CLUB AND THE BWF (IVV)

The British Walking Federation (BWF) is a member of the International Federation of Popular Sports (IVV). The Waendel Walkers Club was formed in 1981 and in 1983 became the first club to join the BWF (IVV).

We are the most active club in the Federation. All walks are registered with the BWF (IVV) and on completing an event you can claim a stamp towards the IVV award scheme.

For further information contact the Secretary, Peter Rickwood 01933 272971 or the Chairman, Barry Crick on 01933 277931or check on our website at www.waendel.org.uk

## WALK WITH THE WAENDEL WALKERS

- DETAILED ROUTE DESCRIPTION
- GO AT YOUR OWN PACE, ON YOUR OWN OR WITH A GROUP
- MEET NEW PEOPLE
- IMPROVE YOUR FITNESS
- ENJOY THE COUNTRYSIDE

#### **THE CLUB ORGANISES:**

**SUNDAY SERIES** – self guided walks on alternate Sunday mornings starting at around 10 am with a choice of a 10 kms or 20 kms routes

**SUMMER EVENING SERIES** - 10 self guided walks of 10 kms on alternate Wednesday evenings throughout the summer starting at around 6 pm.

Walks cost 50p to enter. Each year the Club will make a donation to a nominated charity based on an agreed amount per person per walk. A certificate can be claimed by anyone completing a minimum of 5 walks in any Series.

**COACH TRIPS** - sightseeing or seaside, town or country, we run four trips during the year, in March, June, September and December.

SPECIAL EVENTS for 2013 - three distance events in April from Wilbarston and September from Blakesley. Full weekend Festival of Family Walking in July based in Cogenhoe.

**CHRISTMAS AND NEW YEAR** - walk off the Christmas pudding and walk in the New Year at the "Wellie Womble" and "Wollaston Wobble" walks.

#### **CLUB SOCIAL EVENTS:**

Social evenings – often in the form of a Quiz Night with a supper and a raffle,

An informal Christmas social evening at the Club headquarters,

Trips organised by club members by minibus or car to various walks around the country or abroad,

A sociable get-together after walks. All walks are circular and begin and end at pubs chosen for their friendliness. Many do Sunday lunch or sandwiches and a lot of walkers take advantage of this,

**Y.H.A.** Club has group membership which is available for use by individuals or groups,

**THE WAENDELLER** issued twice a year with news and articles to keep you in touch.

WALK WITH CONFIDENCE WITH THE WAENDEL WALKERS CLUB

# WAENDEL WALKERS CLUB *MEMBERSHIP* **APPLICATION FORM** Name..... Address ..... ..... Phone No..... E-Mail ..... Date..... Signed ..... Name ..... Address ..... Phone No..... E-Mail .... Date..... Signed.....

## **CLUB MEMBERSHIP**

Anyone is free to walk with us without becoming a Club member; however a small annual membership fee will give you:

- reduced entry fees to our special events
- reduced coach trip fares
- discounts in some retail outlets
- the Waendeller to keep you in touch with Club events and members
- . . . . . . . and above all that good healthy exercise in good company!
- Send off the form opposite to join now to: Peter Rickwood, Waendel Walkers Club Secretary, 2 Paxford Close, Wellingborough, Northamptonshire NN8 2LH

Keep up to date by visiting our website at <a href="https://www.waendel.org.uk">www.waendel.org.uk</a> or our Facebook page

Annual Membership fee - £4.00

Under 18s - Free Junior Membership



## THE No 1 CLUB IN THE BRITISH WALKING FEDERATION



